

 CONTINUING MEDICAL EDUCATION | CID 2666

# University Hospitals Primary Care Institute 2020 Wellness Symposium



Saturday, February 29, 2020

Corporate College East

4400 Richmond Road, Warrensville Heights, Ohio 44128

PRESENTED BY:



SPONSORED BY:



## EDUCATIONAL DESIGN AND METHODOLOGY

The program will consist of didactic lectures followed by a question and answer session and panel discussion.

## LEARNING OBJECTIVES

After attending this program, participants will be able to:

- Identify BMI parameters for obesity classifications and the corresponding treatment recommendations, and identify UH resources for nutrition/dietary interventions, comprehensive weight management programs and bariatric surgery indications.
- Utilize an appropriate screening tool to identify patients at risk for obstructive sleep apnea (OSA) and educate patients on the importance of identifying and treating OSA.
- Appropriately order PSG testing for OSA (home sleep testing vs in-lab testing), interpret PSG test results and devise a treatment plan accordingly.
- Recognize critical lab levels for common PCP orders and patient risk for specific critical lab levels and appropriate urgency of management.
- Develop a plan to acknowledge receipt of critical lab alerts and patient notification to minimize risk to patient outcome, and appropriately order drug testing for specific patient conditions or medication management, including opiates, benzodiazepines, stimulants, tramadol and drugs of abuse.
- Manage a patient with chronic rhinosinusitis, environmental allergies or allergic contact dermatitis.
- Define normal vs abnormal liver chemistry tests and recognize how to approach a patient with abnormal liver chemistries.
- Identify the diagnostic criteria for adult ADHD and their relationship to pediatric manifestations, recognize the different manifestations of unrecognized/untreated adult ADHD and treatment options, and identify the impact of ADHD on life expectancy.

## WHO SHOULD ATTEND

This event is designed for health care providers of primary care services, including physicians, nurse practitioners and physician assistants (APPs). Residents and students may also find this program to have educational value.



## CONTINUING EDUCATION

### PHYSICIANS

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 4.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### FAMILY PHYSICIANS

This Live activity, UH Primary Care Institute 2020 Wellness Symposium, with a beginning date of 02/29/2020, has been reviewed and is acceptable for live 4.00 prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the textent of their participation in the activity.

### AOA

CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit.

### NURSES AND PHYSICIAN ASSISTANTS

The American Nurses Credentialing Center (ANCC) and the American Academy of Physician Assistants (AAPA) accept *AMA PRA Category 1 Credits™* toward recertification requirements.

### REGISTRATION INFORMATION

Registration includes tuition, access to educational materials (available online) and continental breakfast. Registration fees are refundable if a participant cancels by February 25, 2020. No refunds will be made after February 25.

**For those participating in the Healthy UH program, attendance at this activity will provide 25 education and 25 engagement points.**

Persons with special needs who require additional assistance should call the CME Program at (216) 983-1239 or (800) 274-8263 not less than two weeks prior to the program.

# PROGRAM AGENDA

- 7:30 – 7:55 a.m.      **Registration and Continental Breakfast**
- 7:55 – 8 a.m.      **Welcome and Introduction**  
Roy Buchinsky, MD; Todd Zeiger, MD
- 8 – 8:35 a.m.      **BMI: Be Mindful of Interventions...UH Resources  
for My Overweight/Obese Patients**  
Leena Khaitan, MD
- 8:35 – 9:10 a.m.      **Obstructive Sleep Apnea: How Do I Screen,  
Test and Treat?**  
Ambrose Chiang, MD
- 9:10 – 9:55 a.m.      **Keynote Presentation: Common Lab Conundrums  
- STD Testing, ID Serology, Drug Testing and Other  
Selected Topics**  
Christine Schmotzer, MD
- 9:55 – 10:10 a.m.      **Break**
- 10:10 – 10:45 a.m.      **Allergies - The Good, the Bad and the Ugly**  
Samuel Friedlander, MD
- 10:45 – 11:20 a.m.      **The ABCs of LFTs**  
Stanley Cohen, MD
- 11:20 – 11:55 a.m.      **ADHD - Diagnosis and Treatment Options in 2020**  
Max Wiznitzer, MD
- 11:55 – 12:15 p.m.      **Panel Discussion / Question and Answer Session**
- 12:15 – 12:45 a.m.      **Conference Adjourns**

# SPEAKERS

## KEYNOTE SPEAKER

### **Christine Schmotzer, MD**

Chief, Division of Clinical Pathology  
Director, Point of Care Testing  
UH Cleveland Medical Center  
Co-Director, Diagnostic Institute  
University Hospitals  
Assistant Professor of Pathology  
Case Western Reserve University  
School of Medicine

## FACULTY

### **Roy Buchinsky, MD**

Director of Wellness, UH Primary Care Institute  
Clinical Assistant Professor of Medicine  
Case Western Reserve University  
School of Medicine

### **Ambrose Chiang, MD**

Director, Sleep Medicine  
University Hospitals  
Clinical Associate Professor of Medicine  
Case Western Reserve University  
School of Medicine

### **Stanley Cohen, MD**

Division of Gastroenterology  
University Hospitals  
Professor of Medicine  
Case Western Reserve University  
School of Medicine

### **Samuel Friedlander, MD**

Division of Allergy & Immunology  
University Hospitals  
Clinical Assistant Professor of  
Medicine & Pediatrics,  
Case Western Reserve University  
School of Medicine

### **Leena Khaitan, MD**

Director, Bariatric Surgery Program  
University Hospitals  
Professor of Surgery,  
Case Western Reserve University  
School of Medicine

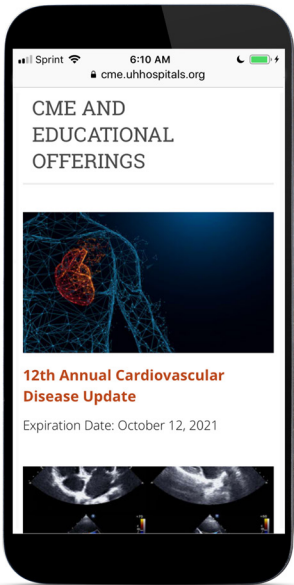
### **Max Wiznitzer, MD**

Division of Pediatric Neurology  
UH Cleveland Medical Center  
Professor of Pediatrics  
Case Western Reserve University  
School of Medicine

### **Todd Zeiger, MD**

Quality Medical Director  
UH Primary Care Institute

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[UHhospitals.org/CVCME](https://www.uhhospitals.org/CVCME).

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## **FACULTY DISCLOSURE**

The policy of Case Western Reserve University School of Medicine CME Program requires that the Activity Director, planning committee members and all activity faculty (that is, anyone in a position to control the content of the education activity) disclose to the activity participants all relevant financial relationships with commercial interests. Disclosure will be made to activity participants prior to commencement of the activity. Case Western Reserve University School of Medicine CME Program also requires that faculty make clinical recommendations based on the best available scientific evidence and that faculty identify any discussion of “off-label” or investigational use of pharmaceutical products or medical devices.

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This program may be supported by grants from industry. A complete list of supporters will be provided in the syllabus materials distributed at the meeting. Acceptance of funding in support of this program does not constitute endorsement of any product or manufacturer.



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## REGISTRATION FORM

### TUITION AND FEES

Physicians.....	\$50
Residents/Fellows .....	\$25
Nonphysicians.....	\$25

### WAYS TO REGISTER

1. Register online at <https://cwru.cloud-cme.com/Wellness2020> with your credit card, through February 27.
2. Mail this registration form with your check payable to Case Western Reserve University or credit card number to:  
**Registrar, CME Program**  
 Continuing Medical Education Program  
 10524 Euclid Avenue, Cleveland, OH 44106-6026.
3. Fax this form with your credit card number to **216-201-6749**.

Name \_\_\_\_\_ Social Security number (last 4 digits) \_\_\_\_\_

Degree \_\_\_\_\_

Mailing address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Email \_\_\_\_\_ Business phone \_\_\_\_\_

Dietary restrictions \_\_\_\_\_

### METHOD OF PAYMENT

Enclosed is my check payable to **Case Western Reserve University**

Pay by credit card:

Visa     MasterCard     Discover Card

Card number \_\_\_\_\_

Expiration date \_\_\_\_\_ Security code on back \_\_\_\_\_

Amount paid \_\_\_\_\_ Authorized signature \_\_\_\_\_