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CONTINUING MEDICAL EDUCATION

Medicine Grand Rounds

"Plaque to the Future: Inpatient Lipid Optimization & the Lp(a) Frontier"

Speaker:

Deep Patel, DO

Hospital Medicine
University Hospitals

Date: 09/18/2026

Time: 12:00 PM – 1:00 PM

Location: MacD 7110 Classroom / Zoom

Educational Objectives

At the conclusion of this activity, the participant should be better able to:

1. Explain why statin monotherapy up-titration is limited (the "Rule of Sixes"), and identify when to initiate oral dual therapy (high-intensity statin + ezetimibe) prior to discharge (Inpatient Combination Strategy)
2. Examine and review baseline cohort demographics and MACE reduction endpoints from the Ez-PAVE and VESALIUS-CV trials to support a stricter target LDL-C goal of <55 mg/dL (ACC 2026 Trial Data)
3. Integrate a universal Lipoprotein(a) screen into inpatient admission workflows, and understand its physiological role as an independent driver of cardiovascular disease (Lp(a) Lifetime Screening)

Accreditation and Credit Designation Statements

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Disclosures:

All relevant financial relationships have been mitigated. This activity's planners and speaker(s) have made the following disclosures:

Speaker(s):

Deep Patel, DO

Faculty

Nothing to Disclose - 08/18/2026

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Nothing to disclose - 06/18/2026

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