

CONTINUING MEDICAL EDUCATION

Pulmonary Critical Care and Sleep Medicine - Sleep Medicine Grand Rounds - Updates on AASM Clinical Practice Guidelines 2026 - 9/15/2026 – 81674-78599

Date: September 15, 2026

Time: 8:00 AM-9:00 AM

UH Cleveland Medical Center

*Susheel Patil, MD**University Hospitals of Cleveland***Educational Objectives**

At the conclusion of this activity, the participant should be better able to:

- 1 Summarize the 2025 AASM guideline recommendations for treatment of central sleep apnea in adults
- 2 Describe the 2025 AASM guideline for evaluation and management of OSA in medically hospitalized adults
- 3 Understand the 2026 AASM guideline on combination treatment (CBT-I + pharmacotherapy) for chronic insomnia disorder
- 4 Identify knowledge gaps and areas of evolving evidence across all three guidelines

Accreditation and Credit Designation Statements

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosures:

All relevant financial relationships have been mitigated. This activity's planners and speaker(s) have made the following disclosures:

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Amrita John, MBBS	Course Director	Nothing to disclose - 07/10/2026
Maroun Matta, MD	Other Planning Committee Member	Nothing to disclose - 05/31/2026
Maureen McCormick, CNP	Other Planning Committee Member	Nothing to disclose - 04/06/2026
Susheel Patil, MD	Course Director, Faculty	Nothing to disclose - 09/10/2026
Kingman P Strohl, MD	Other Planning Committee	Nothing to disclose - 08/07/2026

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