



CONTINUING MEDICAL EDUCATION

VA Specialty Care Access Network Extension for Community Healthcare Outcomes (VA SCAN-ECHO) - Lunch & Learn - Health Coaching - 11/5/2026 – 81155-78553

Date: November 5, 2026

Time: 12:00 PM-1:00 PM

Online

Joseph D Ford, MSN

VA Northeast Ohio Healthcare System

Educational Objectives

At the conclusion of this activity, the participant should be better able to:

- 1 Define the process and elements of health coaching
- 2 Identify the 10 steps of health coaching
- 3 Discuss the application of SMART goals in health coaching

Accreditation and Credit Designation Statements

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosures:

All relevant financial relationships have been mitigated. This activity's planners and speaker(s) have made the following disclosures:

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Peter Erossy, MD	Other Planning Committee Member	Nothing to disclose - 06/15/2026
Corinna Falck-Ytter, MD	Course Director	Nothing to disclose - 06/23/2026
Joseph D Ford, MSN	Activity Coordinator, Faculty, Other Planning Committee Member	Nothing to disclose - 06/23/2026
Stacey Hirth, BS	Activity Coordinator, Other Planning Committee Member	