

## CONTINUING MEDICAL EDUCATION

**EMQN Coffee Talk: Challenging Behaviors - Seclusion and Restraint –  
75193-71408**

Date: January 22, 2026

Time: 10:00 AM-11:00 AM

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*University Hospitals - Cleveland Medical Center*

**Educational Objectives**

At the conclusion of this activity, the participant should be better able to:

- 1 Examine common practices in the management of challenging behaviors and analyze their adherence with best practices.
- 2 Assess a challenging patient situation and develop a plan to address it within the emergency setting.
- 3 Describe the underlying reasons for challenging behaviors in a healthcare setting and appropriate methods to managing these behaviors.

**Accreditation and Credit Designation Statements**

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosures:**

All relevant financial relationships have been mitigated. This activity's planners and speaker(s) have made the following disclosures:

<b>Name of individual</b>	<b>Individual's role in activity</b>	<b>Nature of Relationship(s) / Name of Ineligible Company(s)</b>
Maria Paula d Domingo, BSN, RN	Other Planning Committee Member	Nothing to disclose - 08/04/2025
Robert M Hughes, DO	Course Director	Nothing to disclose - 06/25/2025
Sean Mayerik, MD	Co-Director, Course Director	Nothing to disclose - 06/12/2025
Andria Paster, MHA, RN	Other Planning Committee Member	Nothing to disclose - 06/05/2025
Kelsey Vargas, MD	Course Director	Nothing to disclose - 12/01/2025

PRESENTED BY:

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Heather M Wobbe, DO, MBA	Faculty	Nothing to disclose - 06/25/2025
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