

## CONTINUING MEDICAL EDUCATION

**EMQN Coffee Talk - Pediatric & Adolescent De-escalation Strategies – 75190-71408**

Date: December 4, 2025

Time: 10:00 AM-11:00 AM

*Erum P Ahmad, MD*  
*University Hospitals Cleveland Medical Center*

**Educational Objectives**

At the conclusion of this activity, the participant should be better able to:

- 1 Discuss strategies for developing rapport with children and adolescents in the pediatric emergency room.
- 2 Identify opportunities for verbal and non-pharmacological de-escalation in the pediatric emergency setting.
- 3 Demonstrate knowledge of general guidelines for pharmacological management of agitation in children and adolescents in the emergency room.

**Accreditation and Credit Designation Statements**

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosures:**

All relevant financial relationships have been mitigated. This activity's planners and speaker(s) have made the following disclosures:

<b>Name of individual</b>	<b>Individual's role in activity</b>	<b>Nature of Relationship(s) / Name of Ineligible Company(s)</b>
Erum P Ahmad, MD	Faculty	Nothing to disclose - 09/17/2025
Maria Paula d Domingo, BSN, RN	Other Planning Committee Member	Nothing to disclose - 08/04/2025
Robert M Hughes, DO	Course Director	Nothing to disclose - 06/25/2025
Sean Mayerik, MD	Co-Director, Course Director	Nothing to disclose - 06/12/2025
Andria Paster, MHA, RN	Other Planning Committee Member	Nothing to disclose - 06/05/2025
Kelsey Vargas, MD	Course Director	Nothing to disclose - 12/01/2025

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