

CONTINUING MEDICAL EDUCATION

**73918-71391**

**Date:** Friday, April 3, 2026

**Time:** 10:00 am – 11:30 am

**Location:** Event to Ohio Department of Behavioral Health's Regional Psychiatric Hospitals

Virtually via Microsoft Teams

**Decoding the Mental-Dental Connection: How to Help Your Patients Achieve Optimal Wellness for a Lifetime**

Badr Ratnakaran, MBBS; Stephanie Cartier, DMD; Antoinette V. Shappell, MD  
 Penn State College of Medicine/ Penn State Health, Department of Veterans Affairs

**Moderator:** Tetyana Bodnar, MD  
 Medical Director NBH

Educational Objectives:

- 1 Describe how oral health affects overall wellness
- 2 Discuss management of oral effects of psychiatric conditions.
- 3 Appraise current research regarding the effects of oral inflammation on system health

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Case Western Reserve University School of Medicine designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosures: All relevant financial relationships have been mitigated. This activity's planners and speaker(s) have made the following disclosures: This activity's planners have made the following disclosures:

Name	Role	Interest/relationship	Name	Role	Interest/relationship
Tetyana Bodnar, MD	Activity Director	Nothing to disclose 7/1/2025	Akhenaton Perry, BA, Training Supervisor	Other Planning Committee Member	Nothing to disclose 7/1/25
Joy Stankowski, MD	Faculty	Nothing to disclose 7/2/2025	Regina Hoelzer, Bachelor of Individualized Studies	Activity Administrator	Nothing to disclose 7/1/2025
Shelia Johnson, LISW-S, LICDC-CS, LISW-S	Other Planning Committee Member	Nothing to disclose 7/1/2025	Alan Pires, RPh, MS, Pharmacist	Other Planning Committee Member	Nothing to disclose 6/18/25
Heather Stott, PhD Neuropsychologist	Other Planning Committee Member	Nothing to disclose 6/18/25	Rogina Saner, M.ED, Community counseling, LPCC-S	Other Planning Committee Member	Nothing to disclose 6/03/25
Emily Shoenberger, MSN, RN	Activity Administrator	Nothing to disclose 5-12-25	Janice Vidic, PhD	Other Planning Committee Member	Nothing to disclose 7/1/2025
Melissa Brown, MSN, RN	Other Planning Committee Member	Nothing to disclose 7/1/2025	Stephanie (Pierre) Cartier, DMD	Faculty	Nothing to disclose 3/25/2026
Badr Ratnakaran, MBBS	Faculty	Nothing to disclose 3/23/2026	Antoinette V. Shappell, MD	Faculty	Nothing to disclose 3/23/2026

For additional information regarding this presentation, please contact [Emily Shoenberger](mailto:emily.shoenberger@dbh.ohio.gov) at 330-467-7131 ext. 2034, [emily.shoenberger@dbh.ohio.gov](mailto:emily.shoenberger@dbh.ohio.gov)

OhioDBH Continuing Education Committee is an approved provider of Continuing Education for RNs and LPNs for the Ohio Board of Nursing and has awarded 1.5 CE contact hours per OBN00392- 1313N.

Programs approved by OhioDBH are accepted for continuing education by the Ohio CSWMFTB. 1.5 CPEs have been awarded to Social Workers and Counselors as approved by the Ohio Department of Mental Health & Addiction Services per 1216N

OhioDBH is approved by OPA-MCE to offer continuing education for Psychologists. 1.5 MCEs are awarded per 311334820-916N.

OhioDBH has been approved by the Ohio Chemical Dependency Professionals Board as a provider of Continuing Education Units and has awarded 1.5 CEUs per 50-18528. This program is approved for the following content area/s C-7- 1.5 hours