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CASE WESTERN RESERVE UNIVERSITY

CONTINUING MEDICAL EDUCATION

Aromatherapy to Promote Health and Disease Prevention in Cincinnati – 71730-71697

Date: April 10, 2026

Time: 8:00 AM-9:00 AM

Online

*Braiza Redman, RN, BSN
Cincinnati VA Medical Center*

Educational Objectives

At the conclusion of this activity, the participant should be better able to:

- 1 Identify the context of interprofessional education in geriatric care delivery
- 2 Explain the basic science and safety principles of essential oils
- 3 Discuss common essential oils and their general wellness uses
- 4 Discuss potential benefits of aromatherapy for stress reduction and health promotion
- 5 Teach practical strategies to incorporate aromatherapy into daily life
- 6 Promote informed and responsible decision-making
- 7 Support holistic approaches to disease prevention

Accreditation and Credit Designation Statements

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosures:

All relevant financial relationships have been mitigated. This activity’s planners and speaker(s) have made the following disclosures:

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Antonio Carson, PharmD, Pharmacist	Other Planning Committee Member	Nothing to disclose - 06/10/2025
Denise Kresevic, PhD	Other Planning Committee Member	Nothing to disclose - 06/10/2025
muralidhar Pallaki, MD	Course Director	Nothing to disclose - 06/10/2025
Braiza Redman, RN, BSN	Faculty	Nothing to disclose - 03/19/2026

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