

CONTINUING MEDICAL EDUCATION

Preadmission Optimization Surgery Program (POSH Clinic) 71699-71697

Date: September 19, 2025

Time: 8:00 AM-10:00 AM

Online- Teams

Letha M. Joseph, DNP, AGPCNP-BC, FAANP

Program Director, Geriatric and Extended Care NP Residency (GEC-NPR) Program

Program Manager, Peri-operative Optimization of Senior Health (POSH) Program

Durham VA Healthcare System

U.S Department of Veterans Affairs

Susan Korucubasi, RN, MHM

Durham VA HCS Surgical Quality Consultant, VASQIP

VISN 6 Surgery ICC VASQIP Lead

Atlantic Health Care Network- VISN 6

Hannah Barrett, OTR/L, BCG

OT Geriatric Clinical Specialist

Fellowship Coordinator for the OT Gerontology FellowshipVA Mid-

AOTA Board Certification in Gerontology

Kathryn Starr, GRECC Advanced Fellow

Durham Veterans Health Administration

Deni Kois, NP APRN, FNP-C, AG-ACNP BC

Surgery Services

Durham Veterans Health Administration

Shelley McDonald, DO, PhD

Duke University Medical Center

Department of Medicine: Division of Geriatrics

Carrie Frede, PT, DPT, CCS

Supervisor - Inpatient Physical Therapy

Durham VA Healthcare System

U.S. Department of Veterans Affairs, Veterans Health Administration

Sandhya A. Lagoo-Deenadayalan, MD, PhD

Professor of Surgery, Minimally Invasive Surgery

Duke University Medical Center

Chief of Surgery

Durham VA Healthcare System

Educational Objectives

At the conclusion of this activity, the participant should be better able to:

- Identify the context of interprofessional education in geriatric care delivery
- Identify screening tools that enhance recognition of geriatric syndromes associated with increased postoperative risks, including functional dependence, cognitive impairment, malnutrition, and frailty
- Describe evidence-based intervention strategies to reduce the risk of functional decline, delirium, malnutrition, and impaired mobility in older adults undergoing elective surgery
- Review opportunities to enhance interprofessional collaboration in the care of geriatric surgical patients

Accreditation and Credit Designation Statements

Case Western Reserve University School of Medicine is accredited by the Accreditation Council

Disc

losures:

All relevant financial relationships have been mitigated. This activity's planners and speaker(s) have made the following disclosures:

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of
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PRESENTED BY:

U.S. Department
of Veterans Affairs

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		Ineligible Company(s)
Denise Kresevic, PhD	Other Planning Committee Member	Nothing to disclose - 06/10/2025
Muralidhar Pallaki, MD	Course Director	Nothing to disclose - 06/10/2025
Antonio Carson, PharmD, Pharmacist	Other Planning Committee Member	Nothing to disclose - 06/10/2025
Susan Korucubasi, MHA, RN	Faculty	Nothing to disclose - 07/08/2025
Kathryn Starr, Other	Faculty	Nothing to disclose - 08/26/2025
Shelley McDonald, DO	Faculty	Advisor-American Geriatrics Society (Relationship has ended) Advisor-Haleon - 08/29/2025
Hannah Barrett, Other	Faculty	Nothing to disclose - 08/21/2025
Deni Kois, NP, MSN, AG-ACNP-BC, FNP-C	Faculty	Nothing to disclose - 06/30/2025
Carrie Frede, PT	Faculty	Nothing to disclose - 08/29/2025
Letha M. Joseph, DNP	Faculty	Nothing to disclose - 09/02/2025
Sandhya Lagoo-Deenadayalan, MD, PhD	Faculty	Nothing to disclose - 09/17/2025