



CONTINUING MEDICAL EDUCATION

Spinal Cord Injury (SCI) Interdisciplinary Medical Professional Education Series

Date: May 19, 2025

Time: 12:00 PM-1:00 PM

Online: MS Teams

Presenters:

Amber Brochetti, PT/DPT, FN, AIT

Valerie L Schneider, MS, RDN, LD

VA Northeast Ohio Healthcare System -Louis Stokes Division

Educational Objectives

At the conclusion of this activity, the participant should be better able to:

- 1 Instruct Veterans and staff on the importance of nutrition in the spinal cord injury and disorder population and feel comfortable discussing diet and nutritional needs with the patient and family members.
- 2 Identify the roles of protein and micronutrients in wound/pressure injury healing and decide when to navigate these options.
- 3 Recall the health risks associated with obesity and weight gain in individuals with spinal cord injury and disorders.

Accreditation and Credit Designation Statements

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosures:

All relevant financial relationships have been mitigated. This activity's planners and speaker(s) have made the following disclosures:

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Ionica Mittelbrun, OT	Other Planning Committee Member	Nothing to disclose - 04/07/2025
Mary K Henzel, MD, PhD	Course Director	Nothing to disclose - 04/02/2025
Thomas Dixon, PhD	Other Planning Committee Member	Nothing to disclose - 04/01/2025
Amber Brochetti, DPT	Faculty, Other Planning Committee Member	Nothing to disclose - 04/07/2025
Alexa Martinek, PharmD	Other Planning Committee Member	Nothing to disclose - 05/23/2024
Jaimie Grane, MSN, RN	Other Planning Committee Member	Nothing to disclose - 04/03/2025
Matthew Kubiak, PharmD	Other Planning Committee Member	Nothing to disclose - 04/04/2025
Valerie L Schneider, RD	Faculty	Nothing to disclose - 10/15/2024