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**VA Specialty Care Access Network Education Didactics (SCAN)  
Conferences – CID # 65129-2025**

*Cleveland SCAN-ECHO*

Presents Introductory Specialty Care Seminar Series

**Weight Management After Spinal Cord Injury**

Presented By: Amber Brochetti, DPT, FN and Valerie  
Schneider, RDN, LD  
*VA Northeast Ohio Healthcare System*

**Date: WEDNESDAY, November 6, 2024**  
**Time: 2:30 PM-4:00PM EST**  
**Location: Microsoft Teams Meeting**

**Educational Objectives: At the conclusion of this activity, the participant should be able to:**

1. Identify the prevalence and causes of obesity in SCI
2. Summarize the changes in nutritional needs
3. List at least 3 nutrition strategies
4. Identify exercise guidelines for individuals with SCI
5. Identify the components of adaptive equipment prescription

**Accreditation and Credit Designation Statements:**

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Planning Committee Disclosures:**

Director Peter Erossy, MD and planning committee members Corinna Falck-Ytter, MD Elizabeth Painter, PsyD and Tony (Anton) Vehovec, PhD, RN reported no financial relationship with a commercial interest relevant to this activity. Ajay Sood, MD plans on discussing unlabeled/investigational uses of a commercial product.

**Speaker Disclosures:**

Amber Brochetti, DPT, FN and Valerie Schneider, RDN, LD (speakers) reported no financial relationship relevant to this activity.

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