

## CONTINUING MEDICAL EDUCATION

**Harrington Heart & Vascular Institute Grand Rounds – “Obesity and  
 Cardiometabolic Diseases: Importance of Lifestyle Vital Signs”**

Date: April 27, 2023

Time: 12:00 PM-1:00 PM

Online: <https://cwru.zoom.us/j/92865639184?pwd=cW8zYmxxL01UQ0xVa2xiMXVLdlRSQT09>
*Jean-Pierre Després, CQ, PhD, FAHA*  
*Université Laval, Québec*
**Educational Objectives**

At the conclusion of this activity, the participant should be better able to:

- 1 Review the need for a paradigm shift (from disease management to health promotion) in order to address the epidemic
- 2 Explain the relevance of targeting key lifestyle vital signs in clinical practice.
- 3 Describe the remarkable metabolic heterogeneity of obesity
- 4 Discuss the importance of visceral adiposity and of ectopic fat depots as key drivers of cardiometabolic risk

**Accreditation and Credit Designation Statements**

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosures:**

All relevant financial relationships have been mitigated. This activity's planners and speaker(s) have made the following disclosures:

Name of individual	Individual's role in activity	Name of Ineligible Company(s) / Nature of Relationship(s)
Sanjay Rajagopalan, MD	Course Director	Consulting Fee-Novo Nordisk - 08/29/2022
Jean-Pierre Després, PhD	Faculty	Consulting Fee-Inversago Pharma Inc - 04/24/2023
Diane Gorbey, RN, CNS	Other Planning Committee Member	Nothing to disclose - 02/20/2023
Judith Mackall, MD	Other Planning Committee Member	Consulting Fee-Abbott Laboratories - 08/29/2022
Ian J Neeland, MD	Other Planning Committee Member	Consulting Fee-Merck and Company, Inc. (Relationship has ended) Consulting Fee-Boehringer Ingelheim Consulting Fee-Nestle Health Sciences Consulting Fee-Bayer Corporation - 02/28/2023