



## CONTINUING MEDICAL EDUCATION

Optimizing Exercise Intensity to Improve Motor Function in People with Parkinson's Disease – 56390-53109

Date: March 31, 2023 Time: 8:00 AM-9:00 AM

Kulas Auditorium

Angela L Ridgel, PhD Kent State University

## **Educational Objectives**

At the conclusion of this activity, the participant should be better able to:

- 1 Discuss the challenges in rehabilitation therapy for Parkinson's disease
- 2 Describe how exercise changes the brain
- 3 Summarize current studies examining how exercise intensity drives potential brain changes in Parkinson's disease

## **Accreditation and Credit Designation Statements**

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Disclosures:

All relevant financial relationships have been mitigated. This activity's planners and speaker(s) have made the following disclosures:

Name of individual	Individual's role in activity	Name of Ineligible Company(s) / Nature of Relationship(s)
Cathy Sila, MD	Course Director	Membership on Advisory Committees or Review Panels, Board Membership, etc AstraZeneca Membership on Advisory Committees or Review Panels, Board Membership, etcGenentech, Inc. Membership on Advisory Committees or Review Panels, Board Membership, etcCoherex, Inc 07/06/2022
Angela L Ridgel, PhD, FACSM	Faculty	Grant or research support-VA





		RR&D Honoraria-Wolters Kluwer (Relationship has ended) Grant or research support-National Institutes of Health Royalties or Patent Beneficiary-Patent Inventor-no beneficiary at this time - 02/10/2023
Julie Fussner, BSN, RN, CPHQ, SCRN	Other Planning Committee Member	Nothing to disclose - 06/21/2022
David C Preston, MD	Other Planning Committee Member	Nothing to disclose - 07/07/2022
Wei Xiong, MD	Other Planning Committee Member	Nothing to disclose - 06/23/2022