



CONTINUING MEDICAL EDUCATION

Sleep Medicine Grand Rounds - 6/27/2023 – 56050-53871

Date: June 27, 2023

Time: 8:00 AM-9:00 AM

UH Cleveland Medical Center

*William Winter, MD**Charlottesville Neurology and Sleep Medicine***Educational Objectives**

At the conclusion of this activity, the participant should be better able to:

- 1 Discuss the origins of sleep science in professional sports.
- 2 Review common assessments for sleep health and their strengths/weaknesses.
- 3 Determine appropriate interventions for athletic sleep difficulties.

Accreditation and Credit Designation Statements

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosures:

All relevant financial relationships have been mitigated. This activity's planners and speaker(s) have made the following disclosures:

| Name of individual | Individual's role in activity | Name of Ineligible Company(s) / Nature of Relationship(s) |
|--|---------------------------------|--|
| Amrita John, MBBS | Course Director | Nothing to disclose - 06/20/2023 |
| William Winter, MD, D-ABPN, D-ABSM, F-AASM | Faculty | Honoraria-Jazz Pharmaceuticals Consulting Fee-Jazz Pharmaceuticals Honoraria-Harmony Bioscience Consulting Fee-Harmony Bioscience - 06/13/2023 |
| Maroun Matta, MD | Other Planning Committee Member | Nothing to disclose - 07/05/2022 |
| Maureen McCormick, CNP | Other Planning Committee Member | Nothing to disclose - 05/17/2023 |