



SCHOOL OF MEDICINE
CASE WESTERN RESERVE
UNIVERSITY

CONTINUING MEDICAL EDUCATION

Sleep Medicine Grand Rounds - Brain Restoration in Sleep: Glymphatics and Synaptic Resetting – 56039-53871

Date: April 11, 2023

Time: 8:00 AM-9:00 AM

UH Cleveland Medical Center

Kingman P Strohl, MD
VAMC Medical Center

Educational Objectives

At the conclusion of this activity, the participant should be better able to:

- 1 Determine if sleep plays any role in the development of the human brain and its functions.
- 2 Evaluate if sleep and sleep states alter waking systems (neuroplasticity/adaptation).
- 3 Explain Glymphatics and if sleep provides time for neural systems to clean.

Accreditation and Credit Designation Statements

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosures:

All relevant financial relationships have been mitigated. This activity's planners and speaker(s) have made the following disclosures:

Name of individual	Individual's role in activity	Name of Ineligible Company(s) / Nature of Relationship(s)
Amrita John, MBBS	Course Director	Nothing to disclose - 06/14/2022
Kingman P Strohl, MD	Faculty	Nothing to disclose - 07/06/2022
Maroun Matta, MD	Other Planning Committee Member	Nothing to disclose - 07/05/2022
Maureen McCormick, CNP	Other Planning Committee Member	Nothing to disclose - 07/05/2022